

Life is the Point

Let's Enjoy It



Table of Contents

Chapter	Section	Training Title
	Lead Yourself	
1		Appreciation for Your Unique Value and Life Vision
2		Making decisions based on values and lead indicators
3		Strengths based organization and time management
4		We Celebrate Success! And prepare for the next tri-mester.
	Lead Your Team	
5		Organizing our team to Company Standards
6		Communication, Culture and Check-ins
7		Big Deal Project Management
8		We Celebrate Success! And prepare for the next tri-mester.
	Lead Leaders	
9		From Hiring to Firing or Retiring
10		Maximizing Profit
11		Employee Engagement and Process Improvement
12		We Celebrate Success! And prepare for the next tri-mester.
	Leave with Peace	

Section 1

Lead Yourself Results



I know I am uniquely valuable, what motivates me, my definition of an ideal life and successful business.

I make decisions based on lead indicators that lead to my vision.

I know my responsibilities and complete them on time and in an organized fashion.

I celebrate success, review my LifePoint Chart, Strategic Plan, and establish next quarter goals.

Section 1, Chapter 1

Appreciation for Your Unique Value and Life Vision



Appreciation for Your Unique Value and Life Vision



When you think of unique leaders, who comes to mind? What is unique about them? Is this a positive or negative trait in your mind? How does that trait enable them to lead their organization? Who do they surround themselves with to lead better?

When we understand what makes us unique, we can lean into our strengths, understand our weaknesses and lead from a perspective that only we have. This perspective comes from our life's experiences, how we are naturally designed, and how we have learned to address challenges.

When you're 95 and looking back on your life, what do you want to have accomplished? Today you get the opportunity to define and start living out your vision for life. Enjoy.

This training workshop will help you to identify your unique strengths, weaknesses and patterns that impact how you respond to life and leadership. We will define your ideal life that provides a vision for what you want life to look like. We will practice leaning into our strengths, recognize our weaknesses and create strategies to respond to leadership challenges that will increase our effectiveness.

LEARNING OUTCOMES

- I know I am uniquely valuable, what motivates me, my definition of an ideal life and successful business.
- My strengths from the Strengths Finder report have been identified and I know how to lean into those as well as identify them in others.
- I understand the patterns that get in my way and am practicing ways to overcome those.
- I have filled out my LifePoint Chart and can refer to it to remind myself of my vision, values, and definition of success.

The LifePoint Chart

I am uniquely Valuable:

My Strengths:

Patterns that get in my way:

My weaknesses:

How I overcome my patterns:

My Strengths from the Strengths Finder Report

How do I see myself using my strengths to help others

My Definition of an Ideal Life: (What motivates me?)

Faith:	
Family/Friends:	
Finances:	
Fitness:	
Fun:	

When I celebrate success I like ... (to take time off, public recognition, to have a party, to receive a prize or present, to receive a handwritten note of thanks, etc.)

I am motivated when I... (have freedom to make decisions, am bringing value to others, follow a process, can be creative, have relationships at work, know what I am doing.)

My definition of being successful at work:

Hours I work	
What I do	
Who I work with	
How much I make	
Where I work	
When I retire	

Lead the Life You're Born to Live



Understanding our strengths and weaknesses

My Strengths and My Weakness

In your opinion, not based on the Strengths Finder book, what are your natural strengths and weaknesses?

--	--

Patterns

How do I respond when things are tough?

What might be an even better way to respond?

Strengths Finder



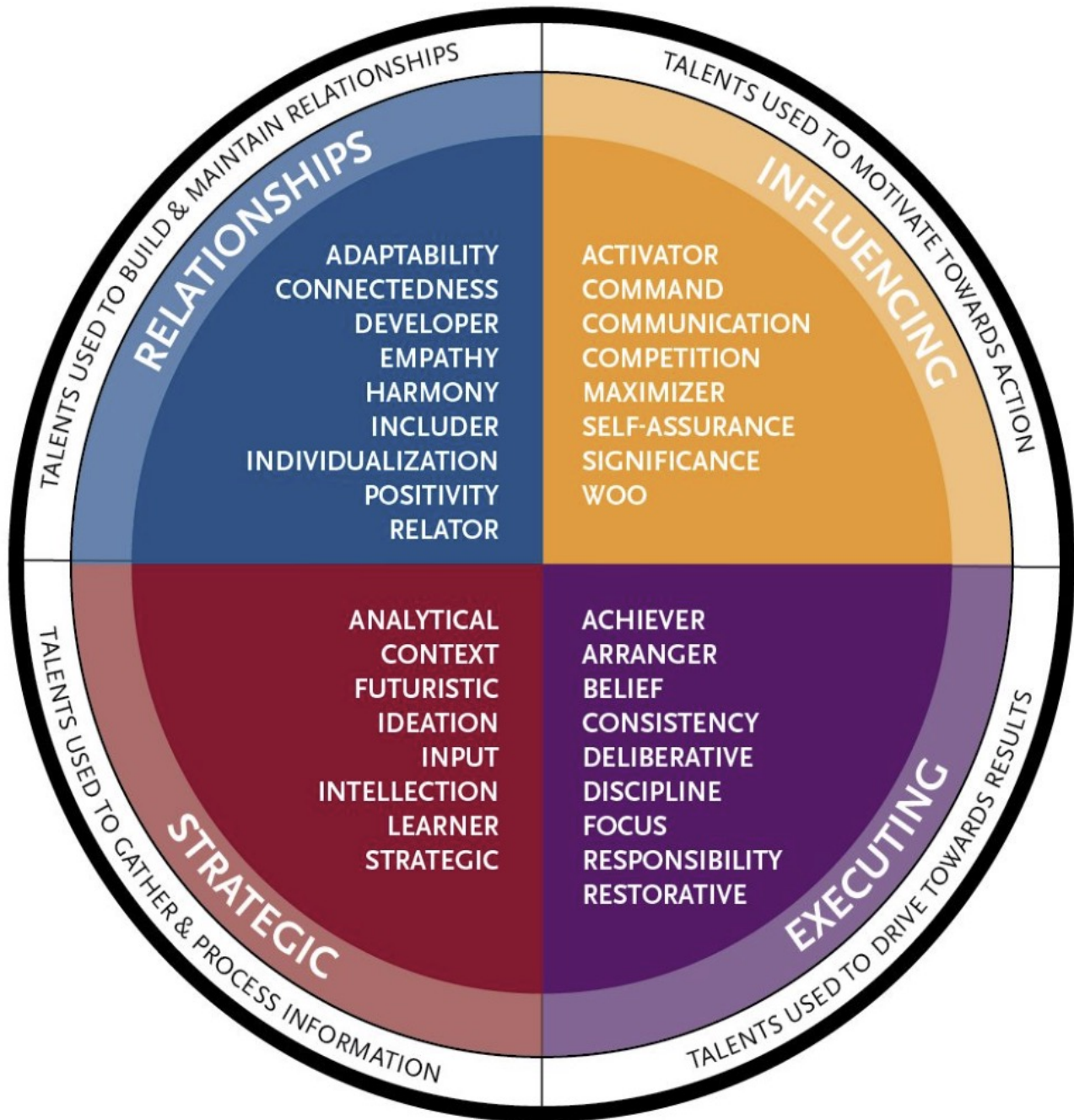
“WHAT will HAPPEN when we think about what is right with people rather than FIXATING on what is wrong with them?”
Donald O. Clifton



My Top 5 Strengths

Strength	Example of what it looks like in my life.	How I can use it to help others

Strengths Finder Themes



catholicstrengthsinstitute.org

Team Members Strengths

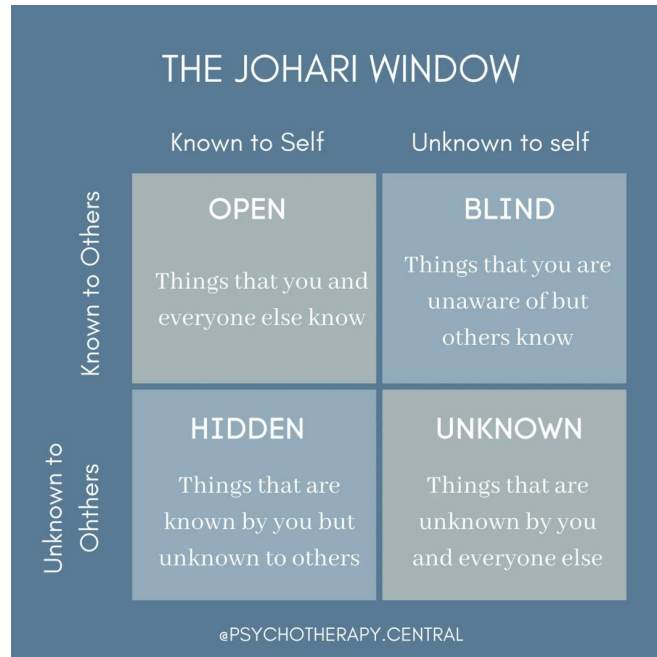


How have you noticed a team member demonstrating one of their strengths?

Name	Strength	Example

The Johari Window

The Johari Window works by helping individuals visualize the difference between how they see themselves and how others see them. This can help us to realize additional strengths and potential weaknesses.



Which adjectives describe you? Do your co-workers or family agree?

able	adaptable	bold	brave
calm	caring	cheerful	clever
complex	confident	dependable	dignified
empathetic	energetic	extroverted	friendly
giving	happy	helpful	idealistic
independent	ingenious	intelligent	introverted
kind	knowledgeable	logical	loving
mature	modest	nervous	observant
organized	patient	powerful	proud
quiet	reflective	relaxed	religious
responsive	searching	self-assertive	self-conscious
sensible	sentimental	shy	silly
smart	spontaneous	sympathetic	tense
trustworthy	warm	wise	witty

My Definition of an Ideal Life

In the table define what it means to live an ideal life in each area. It is okay to leave areas blank and come back to it later.

Areas of Life	What does this area look like ideally?
Faith	
Family/Friends	
Finances	
Fitness	
Fun	

When I celebrate success, I like to...

Take time off, be publicly recognized, have a party, receive a prize or present, receive a handwritten note of thanks, go to lunch with the boss, etc. Often people are embarrassed to let others know how they really want to celebrate. This is an opportunity for you to speak up and share your preferences.

Why is it important for you to celebrate success?

I am primarily motivated by... And give an example.

Having freedom to make decisions, am bringing value to others, follow a process, can be creative, have relationships at work, know what I am doing, positive affirmations, when we are working as a team, once someone has modeled for me what to do, etc.

Please give an example of when you were de-motivated to do something.



Success at work

Reflection: If you could define work anyway you want, what would it look like? Look back on your definition of an Ideal Life to ensure it supports those goals.

How many hours would you work? Does this support your financial goals, your goals for having fun?

Based on your strengths and how you would like to serve others, what would you do?

Who would you work with? Or maybe, who are your customers?

How much would you earn? How do you bring value to an organization?

Where would you work? Do you enjoy working indoors, in an office or outside with machinery...

When would you retire? Or do you want to continue to work long after the traditional age of retirement?

**Ideas for creating a successful work environment,
what can you do today to move closer to these goals?**

Take 10 minutes to fill in The LifePoint Chart.
Refer to your notes for reminders on how you answered these questions.

The LifePoint Chart

I am uniquely Valuable:

My Strengths:

Patterns that get in my way:

My weaknesses:

How I overcome my patterns:

My Strengths from the Strengths Finder Report

How do I see myself using my strengths to help others

My Definition of an Ideal Life: (What motivates me?)

Faith:	
Family/Friends:	
Finances:	
Fitness:	
Fun:	

When I celebrate success I like ... (to take time off, public recognition, to have a party, to receive a prize or present, to receive a handwritten note of thanks, etc.)

I am motivated when I... (have freedom to make decisions, am bringing value to others, follow a process, can be creative, have relationships at work, know what I am doing.)

My definition of being successful at work:

Hours I work	
What I do	
Who I work with	
How much I make	
Where I work	
When I retire	

Lead the Life You're Born to Live

LEADER COMMITMENT TO ACTION

In today's workshop, we learned, and our results are:

- I know I am uniquely valuable, what motivates me, my definition of an ideal life and successful business.
- My strengths from the Strengths Finder report have been identified and I know how to lean into those as well as identify them in others.
- I understand the patterns that get in my way and am practicing ways to overcome those.
- I have filled out my LifePoint Chart and can refer to it to remind myself of my vision, values, and definition of success.

Name: _____ Date: _____

1) In order for me to grow in appreciation for my unique value and life vision, I will:

2) Key steps I choose to take to improve in each area listed above:

3) What support will I need from others? Who will I ask?

4) How will I know that I have been successful in improving? What change will I notice?
